



INTERMEZZO

A Powerful Process for Reviewing, Re-Envisioning and Re-Creating the Second Half of Life

Are you a woman age 40 or older who is looking for a new direction or a new start to your life? Are you overwhelmed by the changes ahead? Or are you feeling inspired and creative but can't find your passion? If so, you are cordially invited to a powerful transformation process designed specifically for women.

**WEEKEND OF MARCH 3 AND 4, 2007
PORTLAND, OREGON**

Learn innovative techniques to help you re-envision how you want to live the rest of your life * Identify the obstacles and limiting beliefs and behaviors that prevent you from moving forward and living a joyous life * Discover powerful tools that will help you to move more creatively into the future* experience your personal renaissance by fulfilling undeveloped parts of yourself.

Beverly Engel, M.F.T. is the bestselling author of 18 self-help books and is an internationally recognized expert in women's issues and relationships. She has been a psychotherapist and workshop leader for 30 years. She has shared her expertise on many national television programs, including Oprah, CNN, Sally Jesse Raphael, Ricki Lake and Starting Over.

Wendy Mitchell, M.A. is a leader in the field of women's midlife management. She is the Program Manager, Center for Women's Health, Oregon Health & Science University, Portland, a Professional Women's Health Coach, and a workshop leader and speaker in the area of "Women Envisioning a Healthy Future." She has a Master's Degree in Education and Psychology.

* For a full description of the weekend, cost, location and a pre-registration form, go to www.beverlyengel.com or call (503) 226-9063